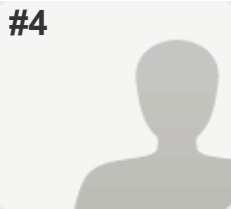


#4



**COMPLETE**

**Collector:** Web Link 1 (Web Link)  
**Started:** Friday, June 23, 2017 11:41:38 AM  
**Last Modified:** Thursday, June 29, 2017 10:11:07 AM  
**Time Spent:** Over a day  
**IP Address:** 121.44.209.189

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**PAGE 1: Mapping mindfulness, empathy and compassion applications at a systems level across Australia**

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**Q1: PROJECT TITLE** Short title for your project

Mindful Design Leadership  
(a 6 week workshop within the 'Future Design Leadership' course)

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**Q2: ORGANISATION** Who are you? List the name of your company/school/hospital/NGO/government department/professional association/legal firm/etc.

I am Sherre DeLys. I've devised and will conduct this workshop within 'RMIT School of Media and Communication'. This workshop forms the majority component of the 'Future Design Leadership' course in the 'Master of Design Futures' Program.

My PhD research explores mindfulness as a foundation for creative practice and leadership. I'm a media producer with 20 years experience at ABC RN, an artist, and I teach mindfulness. For more information: <http://www.sherre.be/>  
<https://www.linkedin.com/in/sherre/>  
sdelys@gmail.com

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**Q3: DESCRIPTION & URL LINK** What are you doing? Outline the aims and scope of your project, program or activity. Include URL link for more information.

Adapting mindfulness pedagogy to the context of 'Future Design Leadership', I lead Masters level Design students to identify and nurture their unique leadership capacities, and to conceive models of leadership built in self-awareness, resilience, and compassion.

These days Design Thinking has moved out of the studio and is impacting the ways organisations and communities interact, and how they perceive their roles. In this workshop students are introduced to interpersonal and individual mindfulness practices adapted to the context of Design Leadership. Over the course of 6 -weeks, current and potential Design Leaders develop skills in mindful leadership and mindful creative practice, and gain deeper understanding of their authentic leadership capacities. We use the lens of 'Mindful Design Leadership' to conceive models of leadership that are inclusive, collaborative, compassionate, and socially aware. Students apply their growing understanding in their workplaces and organisations during the course in order to investigate how design leadership adapts to different situations.

This workshop will run from August 8- Sept 19.

<https://medium.com/master-of-design-futures/program-structure-f4f68d0164ab>

Note: this is the url for the complete Master of Design Futures MA Program.  
(Scroll down to 'Future Design Leadership', 5th icon, to see the description of the course I refer to.)

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**Q4: SUCCESS MEASURES** How will you measure success? Describe the outcomes, value, or effectiveness of the project or activity. For example, changes in:- levels of bullying;- levels of medical errors;- organisational culture & practice; etc

DesignStudents in this course are either in leadership positions or keen to become leaders. Success measures include increased 'mindful leadership' and 'mindful creative practice' competencies, adaptive application of these competencies in a workplace situation, increased understanding of the student's capacity for leadership and motivations for seeking to lead, and active contribution to development of leadership models based in 'mindful design leadership' principles.

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**Q5: LIMITATIONS** Any limitations? Provide details of any limitations in the activity, program or project. For example:- didn't seem to apply in particular circumstances;- a pilot project with limited reach; etc

a pilot project with limited reach

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**Q6: RESEARCH & KNOWLEDGE TRANSFER** Do you have research support? List any links to universities/NGOs/ Thought Leadership companies designing, researching or evaluating this activity or project. Is your activity funded through a research grant? Will your project be written up in a journal/book chapter or presented at a conference?

I have no research support, or research money.

I am undertaking a Practice Led PhD in the Faculty of Arts and Design at University of Canberra. I intend to interview consenting course participants after the course has finished about their experience of the course. I will include results of these interviews and my own reflections on designing and delivering the course in my PhD thesis.

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**Q7: COLLABORATION & PARTNERSHIP REQUESTS** How can the Network support you? Are you seeking any alliances, research partnerships? For example:- find others working in the area that could offer a larger research investigation or analysis sample;- put out a call to share information in similar sectors/ situations for comparisons or comparative data;- request design, evaluation support for the activity, program, project.

Nothing too specific for now.

But sharing information is always useful and I'm keen to know of others working in similar areas.

And while I have no specific request at this stage, if there is project design or evaluation support available I would be very interested to have a conversation about those possibilities.

I have no funding to cover such support.

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**Q8: IDEAS & INNOVATIONS** Does your project raise issues that Network members could assist with, or take up? Identify the spin-off questions that this activity or project is raising – for others to respond to, or take up – to engender wider discussions. As patterns across organisations start to emerge, and the Network develops, suggest new design elements to facilitate more pro-active innovations and collaborations.

I think two of the unique aspects of this project are the small group experiential and reflective work to develop notions of what mindful leadership might look like in a specific profession, and the adaptation of mindfulness pedagogy in ways specific to teaching professionals in human centred design, and design thinking.

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**Q9: CONTACT** Who is the contact person? Offer a name from the organisation for people to directly speak to, or email.

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